



Barracuda Committee Meeting - 25th January 2012

The first meeting of the club's new Committee line up took place at its usual venue, The Half Moon in Skidby, with everyone in attendance except IT/website rep Mark Henderson who was on business in London and who had sent his apologies.

Half Ironman Training Event

Given that quite a few members of the club will be doing Ironman races this season Emma Barraclough raised the possibility of doing a half Ironman distance training event some time in March as preparation for these races. Obviously this would include an indoor swim and Beverley Leisure Centre was suggested. Possible dates for this training were likely to be at the start of March with Saturday 10th being suggested, but Emma was going to work up the idea a bit more and come back to members with a more definite date/format/timings.

A number of other training events came out of this discussion. Simon Pickering said he would be running his **hill repeat sessions in Elloughton Dale** every Saturday morning in February. For the uninitiated, this basically consists of doing the 1 mile long strip from the bottom to the top of the dale road in a low gear before spinning back down. The fact that people would have to be vigilant on the descent given the recent sad fatality down there due to a crossing/startled deer was also mentioned.

A further idea raised by Kevin Dean was to do **a long group training ride** during March (the date of Sunday 11th March was tentatively suggested). This could be done in association with Hull Thursday and would include various parts of the Big G route. Again, a question of watch this space as Kevin runs through various permutations and people.

Club Tri

Steve Coates said he was likely to try to organise the club tri on Sunday 26th August, the bank holiday weekend. He suggested that the club could invite selected members of other clubs as a way of further invigorating the event and most people seemed to think that this was worth giving a go this year to see how it went.

Directory of Services

Steve also mentioned that he had been approached by a colleague (Steve Guymer) who was offering massages for the duathlons and other events. Committee members were perhaps a little uneasy about the principle of having to pay for this service when others in the past e.g. Hull College, had offered a similar service for free, added to the fact that some Barracuda Members also offered similar services on a professional basis. No firm conclusion was reached, though the Committee did decide that it would

be a good idea to have on the website a Directory of Services of various practitioners to which members could refer to. I think Mark Henderson was volunteered to have a look at this!

Coaching

Steve was now fully warmed up and so carried on to the next item on the agenda which was the need for the club to have more coaches, at least to Level 1. This would allow the club the possibility to run kids sessions. He said that courses tend to run over a weekend (unsure whether this is a full weekend or only part of it) and that the typical cost was around £150, but that grants existed to allay costs. He said that if sufficient people were interested e.g. 6, he could arrange for the trainers to come to Hull to do the course. Anyone out there who is interested in going down this route should contact Steve, not least because Lincsquad easily eclipse us with around 9 or 10 Level 1 qualified coaches - surely a situation which cannot be allowed to continue!

Club Kit

Somehow the conversation veered onto the equipment the club possessed. A mini inventory of items was discussed (see below) and it was suggested that a more formal list be made of these pieces so that all members knew who had which things. Discussed items included:

Canoe - Sean Bennett
Bike Boxes - Mark Richardson
Signs and other things for events - Alan Dale
Normal Kit (shirts, tri suits etc) - Lynda Hields
Turbo Trainer - Dewi Winkle
Club Banners - Sherlock Holmes is on the case...

Club Duathlons

James Bray ran through a number of ideas to invigorate the club duathlons, which, despite being generally acknowledged as excellent and friendly events, seemed to suffer a slight decline in numbers last year - nothing too dramatic, but noticeably fewer competitors than previous years. Some ideas that James has come up with include e mailing people before the event, putting up posters in local shops/sports shops, invite people from other clubs, provide maps with photos of junctions and directions. Any other ideas should be sent to James, though we hope you'll all turn up come April.

Albert Avenue Swims

Kevin noted that Albert Avenue was becoming increasingly less viable on a financial basis. Lynda mentioned that she was confident that Total Fitness (Willerby/Skidby) was prepared to offer members a night of physical activity for £5 - physical activity being a swim and access to the static bikes. There were nods of appreciation around the table at this suggestion which might well be enacted upon come next Autumn when the club will need to renegotiate its Wednesday night presence at Albert Avenue.

Barracuda Bites

Phil Haskins mentioned that following a request for info for an edition of Bites on the website forum he hadn't been inundated with information, reports or information from

club members so had decided to put off an edition until the weather got warmer, people were racing and back into the groove of competing and then reflecting on their performances.

2012 - Olympic Year

Last year, the committee had briefly discussed the possibility of doing something to chime in with the Olympic year - some sort of Olympic themed event around Billabong had been mentioned. Phil again raised the possibility of doing something and one or two suggestions came up - perhaps the clearest (and potentially daftest) would be to do a triathlon from Hull down to London i.e. swim the Humber, cycle to the outskirts of London and then run to Hyde Park.*

*Not discussed at the meeting but subsequently researched in under 60 seconds by Phil - the distances involved would be 1.3miles across Humber (very roughly), 180 miles to Epping Forest (bike) and then a further 30 miles (run) to Hyde Park. Could this be done on the 6th August, one day before the men's triathlon itself, by setting off at 6am and reaching Hyde Park late at night on the same day? Could we reduce the distances somehow? Would this boost be the difference between a Brownlee medal or not? Views welcomed.

Toro CSC Event

Simon Pickering referred back to a post of his on the Forum in which the club had been offered a free team entry at a potential evening event on Monday June 11th organised by Toro CSC. It was felt that the club could perhaps have two teams i.e. each team paying half price, one of which was a 'crack' team, namely the best that the club could muster, and one a team of vets. Final details still to be decided as the event is provisional.

Next meeting 28th March.